

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**B.P.E.S. DEGREE EXAMINATION – November 2019****Third Semester****TEST AND MEASUREMENT IN PHYSICAL EDUCATION**

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Define Test.
2. Meaning of Measurement.
3. Define Norms.
4. What is Rating Scale.
5. Define Physical Fitness.
6. Define Reaction time
7. What is Resting False rate
8. List down the Darrow motor ability test.
9. List down the Cardio Vascular test
10. Which down the test item of Friedal Field Hockey Test
11. Write down the test item of brady volley ball test.
12. Write the any three skill test.

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Need and importance of Evaluation in Physical Education.
14. Explain Rating Scales.
15. Explain stride length and stride frequency.
16. Explain Breath holding time and Vital capacity.
17. Explain JCR - Test.
18. Explain Cooper's 12/9 minutes Run/Walk test.
19. Explain McDonald Soccer Test.
20. Explain Dyer tennis test.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Briefly Explain Classification of Test.
22. Test Administration advance preparation.
23. Explain Components of Physical Fitness.
24. Explain AAPHERD Youth Fitness test
25. Explain any two Skill test.
